|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 1 9.00am-9.30am | **2**  9.45am-10.35am | **BREAK** | **3**  10.55am-11.45am | **4**  11.45am-12.35pm | LUNCH | **5**  1.35pm-2.25pm | **6**  2.25pm-3.15pm | **After school** |
| **Monday** | **Fitness**  **You could have a look at Joe Wick’s ‘P.E with Joe’ on YouTube. Great accessible exercise for 30 minutes**  **On at 9am every morning** | **Other subject** | **Science** | **English** | **Maths** | **Reading, Wellbeing or Fitness** | **Have a go at any of the challenges on social media, or complete any challenge work or work you want to complete** |
| **Tuesday** | **Maths** | **English** | **Other subject** | **Science** |
| **Wednesday** | **Other subject** | **Science** | **Maths** | **Other subject** |
| **Thursday** | **English** | **Maths** | **Other subject** | **Other subject** |
| **Friday** | **Science** | **Other subject** | **Other subject** | **English** |

# KS3 Suggested timetable

* **Students will be provided with work via Show My Homework.**
* **KS3: 4 x 50 min sessions a week of English, Maths and Science. 8 x 50 min session of other subjects a week**
* **Ensure breaks happen between each session and that students are remaining active**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 1 9.00am-9.30am | 2 9.45am-10.35am | **BREAK** | 3 10.55am-11.45am | 4 11.45am-12.35pm | **LUNCH** | 5 1.35pm-2.25pm | 6 2.25pm-3.15pm | After School |
| Monday | **Fitness**  **You could have a look at Joe Wick’s ‘P.E with Joe’ on YouTube. Great accessible exercise for 30 minutes.**  **On at 9am every morning** | **Option A** | **Science** | **English** | **Maths** | **Reading, Wellbeing or Fitness** | **Have a go at any of the challenges on social media, or complete any challenge work or work you want to complete** |
| Tuesday | **Maths** | **English** | **Option B** | **Science** |
| Wednesday | **Option C** | **Science** | **Maths** | **Option D** |
| Thursday | **English** | **Maths** | **Option A** | **Option B** |
| Friday | **Science** | **Option D** | **Option C** | **English** |

# KS4 Suggested timetable

* **Students will be provided with work via Show My Homework.**
* **KS4: 4 x 50 min sessions a week of English, Maths and Science.**
* **Ensure breaks happen between each session and that students are remaining active**

# KS5 Yr 12 Home Learning

* **Students to be provided with work via Show My Homework on a day they would normally have lessons (longer, extended work may be set for the whole week)**
* **Clear instructions to be provided with a timescale for completion**
* **Students can access teachers via email addresses, and visa-versa, teachers may communicate via email**
* **Work that teachers would like to collect should be emailed and students should expect feedback on work over the course of a week**
* **Students should continue to ask for help if they are stuck**
* **Students must maintain routines and disciplines of learning from home**
* **Students should expect 6 – 8 hours of work per subject, per week**
* **The following blank timetable can be used as a template (this could be drawn out)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **1** | **2** | **Fitness (15 mins)** | **3** | **4** | **Reading and Fitness**  **(30-50 mins)** |
| **Monday** |  |  |  |  |  |  |
| **Tuesday** |  |  |  |  |  |  |
| **Wednesday** |  |  |  |  |  |  |
| **Thursday** |  |  |  |  |  |  |
| **Friday** |  |  |  |  |  |  |